

SBSA Adopted ROOKIES Rules 2019

1. Games are 5 innings:
 - a. 5 run limit per inning.
 - b. 5th inning, or whichever inning is deemed to be the last, will be unlimited runs.
 - c. 10-run mercy rule in effect after 4 innings.
2. Coaches **MUST** bat their entire roster.
3. **EACH** player is required to play 2 innings of defense.
4. 10 players are allowed on the field during each inning.
 - a. 6 regular infield positions and 4 outfield positions.
 - b. Outfielders **CAN NOT** enter the infield to make a play at a base. **NO** "rovers".
 - c. Games may be played with 8 players (6 infield, 2 outfield)
5. Players are **REQUIRED** to rotate.
 - a. **ONLY** 2 innings at the same position per game.
 - b. No more than 3 rotations in the infield per game. (Catcher does not count as an infield position)
 - c. Player in the Pitcher's position **MUST** wear a helmet with a mask.
6. Play **STOPS** once the Pitcher has possession of the ball **AND** both feet **INSIDE** the circle.
 - a. Runners may advance to the next base if they are past the halfway mark when the Pitcher gains control and is inside of the circle.
 - b. If the runner is not halfway, they must return to the last base they passed.
7. Pitching machine is used for 5 innings - halfway through the season the 1st inning will be player pitched, then pitching machine for the remainder of the game.
 - a. Home team is responsible for setting up the pitching machine **BEFORE** infield practice begins for either team (5:05pm), or after the 1st inning during 2nd half of the season. Home team is required to put the pitching machine away.
 - b. The machine is 40 feet from home plate, 40mph. Speed/height adjustments may be made after a full inning is played, if both coaches agree.
8. Each player is given 5 pitches. Batter is **OUT** if a fair ball is not hit during the 5 pitches, or after 3 strikes, whichever comes first.
 - a. If the 5th pitch is fouled, another pitch will be given and so on.
9. Bats: The bat barrel may not be 2 5/8" and must have USA Baseball marking.
10. If a **HIT** ball makes contact with pitching machine or the coach the batter will advance to 1st base. If other runners occupy bases, only **FORCED** runners will advance.
11. **No BUNTING, STEALING or LEADING OFF.** No Infield Fly rule.
12. Coaches will be the Umpires during the game and a coach/adult will feed the pitching machine.